

## EGATIN Study Days & AGM 2013

## The Use of Power in Group Analytic Training

## National University of Ireland Maynooth, Co. Kildare, Ireland

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Power affects every aspect of the human condition and can be used in a creative and developmental way. Power can also be used in a defensive and destructive way as in the case of Basic Assumptions [Bion 1961] modes of operating within groups, organisations, institutions and society in general. The destructive use of Power can also be an attempt to avoid underlying annihilation anxieties provoked by developmental transitions and change.

The centrality of the Use of Power in Group Analytic Training cannot therefore be understated as it impacts not only on individual students and training organisations but also on the establishment of essential training standards and the consequent quality of treatment and service delivery to clients.