

EGATIN 2021 STUDY DAYS

"Contemporary Challenge - Applied Group Analysis in Group Analytic Training"

23th - 25th April, 2021

EGATIN 2021 STUDY DAYS - Timetable

FRIDAY 23th

| TIME | EVENT |
|---------------|---|
| 12:00 - 13:30 | EGATIN Delegates Sensitivity Meeting EGATIN Students Group |
| 13:30 - 14:00 | Break |
| 14:00 - 14:30 | Welcome and Opening |
| 14:30 - 16:00 | Presentation - Chair: Jutta Gliem Presenter: Steinar Lorentzen Title: "Focused Group Analytic Psychotherapy. An integration of clinical experience and research" |
| 16:00 - 16:30 | Coffee/Tea Break |
| 16:30 - 17:30 | Small Discussion Groups |
| 17:30 - 17:45 | Short Break |
| 17:45 - 19:15 | Large Group Conductors: Tija Despotovic (EGATIN), Joanna Skowronska (IGA Warsaw) |

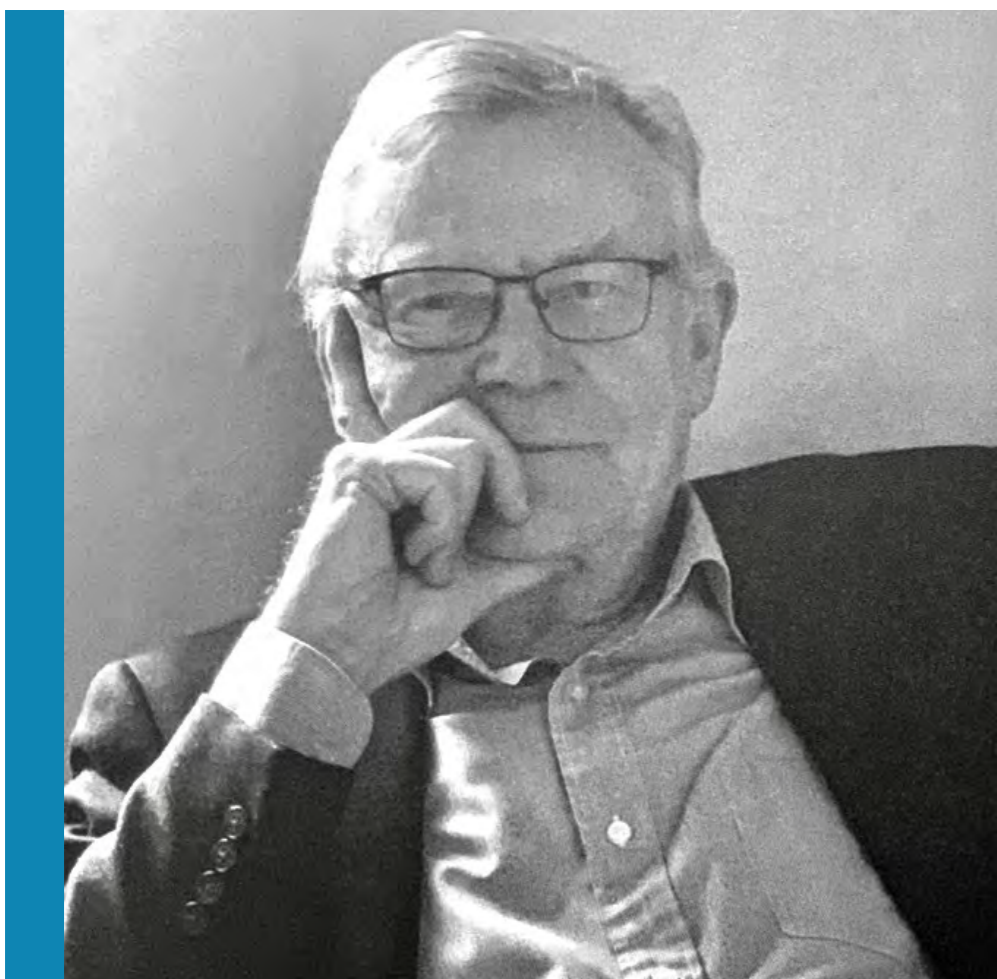
SATURDAY 24th

| TIME | EVENT |
|---------------|---|
| 10:00 - 11:00 | Students meet with EGATIN Committee |
| 11:00 - 11:15 | Coffee Break |
| 11:15 - 12:00 | 1st Paper presentation - Chair: Jutta Gliem Presenter: Marina Mojovic, Alice Mulasso “Reflective Citizens Diszipline and Reflective Citizens Koinonia in the Group Analytic Training” |
| 12:00 - 12:45 | 2nd Paper presentation - Chair: Egle Pauziene Presenter: Anna Zajenkowska “Poland of the Couch- an example of Group Analysis application to work with citizens.” |
| 12:45 - 14:15 | Lunch |
| 14:15 - 15:00 | Trainee Presentations - Chair: Taras Levin Irina Rotova, Igor Mikadze “The Group Analysis application for overcoming infertility” |
| 15:00 - 15:15 | Short Break |
| 15:15 - 16:15 | Small Discussion Groups |
| 16:15 - 16:30 | Short Break |
| 16:30 - 18:00 | Large Group |

SUNDAY 25th

| TIME | EVENT |
|---------------|---|
| 9:00 - 10:00 | EGATIN Delegates Sensitivity Meeting |
| 9:00 - 10:00 | Students Large Group - this is a decision for the students themselves the timings of which may vary |
| 10:05 - 11:00 | EGATIN Policy Meeting (observers welcome) |
| 11:00 - 11:30 | Coffee Break |
| 11:30 - 13:15 | EGATIN AGM (observers welcome) |

Presenters



Steinar Lorentzen

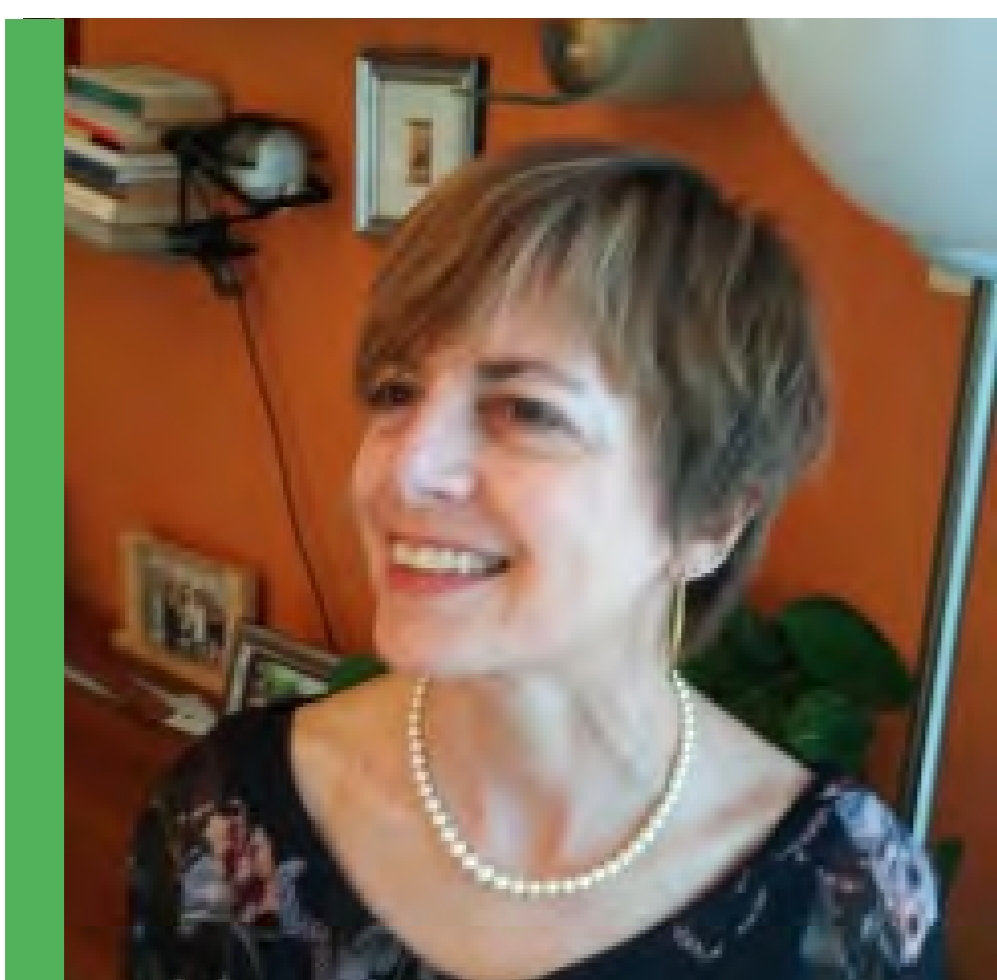
Steinar Lorentzen is a MD, Professor emeritus in Psychiatry at the University of Oslo, Norway, and has a PhD on a thesis of outcome and process in long-term analytic group psychotherapy. He is psychoanalyst and group analyst and a founding member of the Institute of Group Analysis, Norway. He is also an Honorary member of EGATIN and the Group Analytic Society of Lithuania. He has done research and published papers on several issues, but especially in the field of psychotherapy, psychodynamic group psychotherapy, and group analysis. He has written two books about group analysis. *Group Analytic Psychotherapy. Working with affective, anxiety and personality disorders.* Routledge, 2014 & *Focused Groupanalytic Psychotherapy. An integration of clinical experience and research.* Gyldendal, 2020. His last book was published in Norwegian, but is being translated to English.

He will present the main features of Focused Group Analytic Psychotherapy, background, evaluation and selection of patients and the framework and the interventions in the approach.



Marina Mojović

Marina Mojović MA, MD, psychiatrist, psychoanalytic psychotherapist, training group analyst, and organizational consultant in Serbia. Internationally: full member of GASi (ex-management committee member), IAGP, ISPSO, OPUS, and delegate for EFPP. In Group Analytic Society-Belgrade she is training group analyst, member of training committee, founder of Psychosocial Section, Training in Social Dreaming, in Systems-psychodynamic organizational consultancy, co-founder of Section for Large and Median Groups. She founded the Serbian and the International Reflective Citizens Koinonia, and the Traveling Reflective Citizens; presents and publishes internationally in areas of social unconscious, social trauma and reflective citizens; conceptualized social-psychic-retreats and conception trauma of organizations and societies.



Alice Mulasso

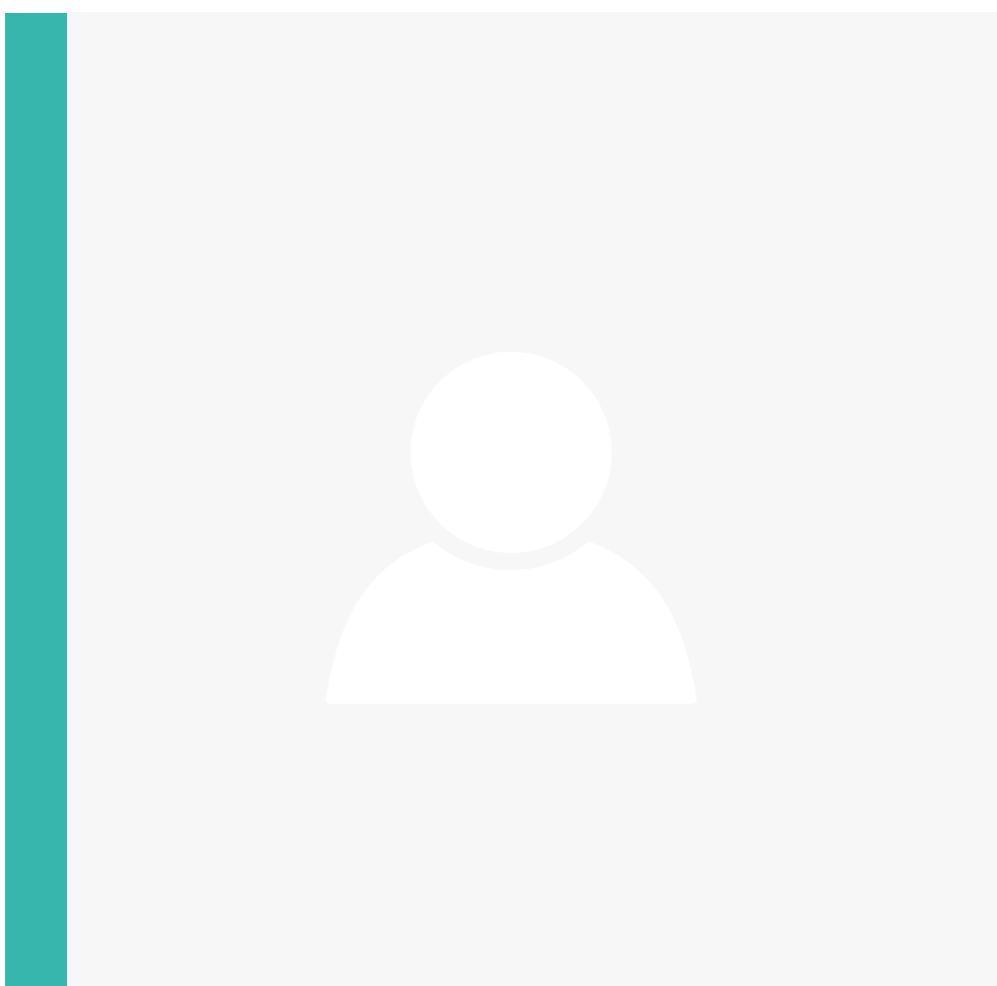
Alice Mulasso, Psychologist, psychotherapist and group analyst. Working in private practice and in Arcipelago Practice of Applied Group Analysis in Turin, with individual and group psychotherapy. Past President and co-founder of Arcipelago. APRAGI President, COIRAG member. Trainer in Group Analysis in the national COIRAG training institute in Turin and member of the COIRAG National Workshop staff. GASi full member and part of the MC with the role of Membership Honorary Secretary. Starter of the Italian branch of Reflective Citizens and member of the Steering Group on the International Reflective Citizens.



Irina Rotova

Irina Rotova, psychiatrist, psychotherapist, Candidate of Medical Sciences. Trainee of Moscow Group Analytic Society, the 5th year of training. Private practice within the framework of the group-analytical method.

Report topic: "Application of group analysis to assist in overcoming infertility".



Igor Mikadze

Igor Mikadze, psychiatrist, narcologist, psychotherapist. Currently a psychotherapist at RUDN University. Trainee of Moscow Group Analytic Society, the 5th year of training. Private practice within the framework of the group-analytical method.

Report topic: Five-year experience of group-analytical psychotherapy of infertility.



Anna Zajenkowska

Anna Zajenkowska, PhD, is a professor and head of the Doctoral School of the Maria Grzegorzewska University in Warsaw. She has a PhD from the Department of Psychology, University of Warsaw. She has also obtained her psychological expertise at the University of Vienna. She is a trained group analyst, a member of the Scientific Committee of the Institute of Group Analysis Rasztów, a delegate to the group section and a board member of the European Federation for Psychoanalytic Psychotherapy.

In addition, she has a master's degree in International Commerce from the University of Korea and has completed postgraduate studies in monetary policy at the Polish Academy of Sciences. She also has several years of international experience in business (Poland, Austria and Korea), which she uses while conducting intercultural trainings. All her activities focus on working with groups and facilitating communication between different communities. She conducts psychotherapy and group therapy in the clinic, but also research related to for example the effects of mentalizing psycho-educational trainings among inmates. She is one of the founders and main organizer of the Poland on the Couch Project.

Anna can be reached at: zajenkowska@gmail.com

Poland of the Couch project - an example of Group Analysis application to work with citizens

In my presentation I will speak about Reflective Citizens Discipline that provides spaces for psycho-social dialogues. I will focus on the Poland of the Couch project that is an example of working with citizens using group analytic approach.

Poland on the Couch is an initiative of group analysts aimed at building a safe space for conversation – the basis of social life. Part of the projects are the reflective citizens workshops held in different cities in Poland, in which representatives of diverse environments have an opportunity to reflect on social processes. According to S. H. Foulkes the best way to work with people is to develop the understanding of what it means to work together in a group and support ways of being with and relating to others. In order to achieve cooperation, trust is necessary. Poland is among countries with the lowest levels of social trust. It seems that the Polish social unconscious, a concept broadly described by Earl Hopper, consists of fear of "the other". That is why it is so important to develop "relationality", which can be done by incorporating both agency and relatedness into an autonomous-related self. This is a concept described by cross-cultural psychologist, of a Turkish origin, Çiğdem Kağıtçıbaşı. She held the belief that Western psychology could not account for the whole of humanity and it needed to recognize the experiences of those living in non-Western cultures. That is what we try to incorporate during the reflective citizens workshops – an agentic ego in a group.